



# Clearmeadow P.S.

October Character Trait: Responsibility

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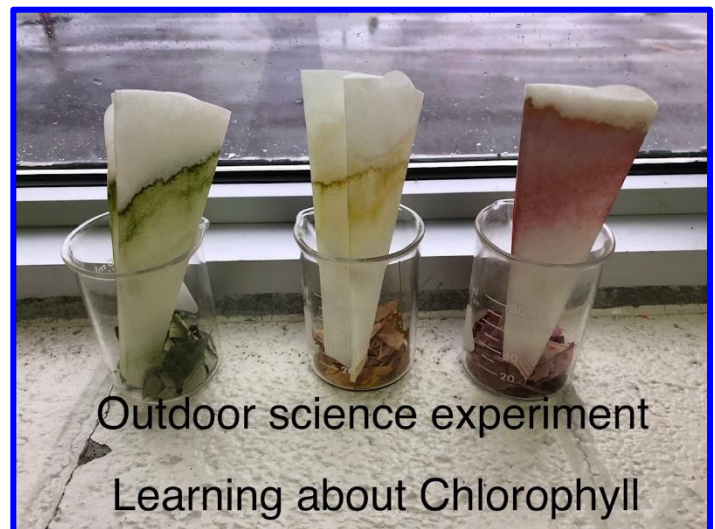
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## CALENDAR

<b>Oct. 26</b> Day 4	Registration for IB program for 2021-2022 school year begins
<b>Oct. 27</b> Day 5	
<b>Oct. 28</b> Day 1	School Council Virtual Meeting @ 6:30 pm
<b>Oct. 29</b> Day 2	
<b>Oct. 30</b> Day 3	Inclusive Halloween Activities: Further details coming from your child's teacher
<b>Upcoming Dates</b>	
<b>Nov. 2</b>	EDSBY opens for parents to schedule Parent/Teacher Interviews
<b>Nov. 12/13</b>	Virtual Parent Teacher Interviews (evening on the 12 <sup>th</sup> , morning on the 13 <sup>th</sup> )
<b>Nov. 19</b>	Kindergarten Initial Observations and Gr. 1-8 Progress Reports Go Home

## PHOTO GALLERY



Exploring Science through Experimentation in FDK!

## AT A GLANCE INFORMATION

**Halloween:** Please see information in the newsletter regarding our plan for Halloween 2020. Further details will also be coming from your child's teacher.

**School Council Meeting:** Interested in coming to a school council meeting? The meeting is open to anyone whose home school is Clearmeadow PS. Please join us on October 28<sup>th</sup> @ 6:30 using the following link for our GoToMeeting. Please join from your computer, tablet or smartphone. <https://global.gotomeeting.com/join/374466789>. You can also dial in using your phone. Canada: +1 (647) 497-9373. Access Code: 374-466-789. New to GoToMeeting? Get the app now and be ready when your first meeting starts: <https://global.gotomeeting.com/install/374466789>

**Arriving on time:** As of Monday, October 26<sup>th</sup>, our morning announcements and O Canada will begin at 9:00 am. As a result, all of our late arrivals will wait outside the front door on socially distant decals until the announcements and O Canada are over. We encourage all of our families to please arrive between 8:45-9:00 to be on time for the beginning of the day. Thank you for working with us on this matter.

# CELEBRATING STUDENTS



Grade 7s students learned about Canadian First Nations artist Kenojuak Ashevak, then chose one of her works, analyzed it and completed a re-creation.

*"There is no word for art. We say it is to transfer something from the real to the unreal. I am an owl, and I am a happy owl. I like to make people happy and everything happy. I am the light of happiness and I am a dancing owl."*



Sp Adobe Spark



We have been discussing what kindness means & what it looks like in the community class. We have been using technology to show our learning.

Sp Adobe Spark

## HALLOWEEN

Please note that on October 30th, the focus of the day remains on instruction, any Hallowe'en related activities are optional, and students will have a choice to participate in alternative activities. We also want to share that there is no expectation for students to bring a costume that day nor do we not want families to feel pressured to spend money on costumes, as we know that there is no trick or treating in York Region this year. Students celebrating this occasion in costume at our school on October 30th must comply with the Caring and Safe School's policy. Costume accessories including, but not limited to, toy guns, knives, axes, swords, etc. are not in compliance with York Region District School Board's Safe Schools Policy #668.0. Should your child bring a costume to school we would ask that no replica weapons (e.g., swords, guns) be brought to school if they are part of the costume.

Please note these recommendations which are in alignment with Public Health guidelines:

- There are many options for the day (i.e., zany hair, upside down day, orange and black clothes)
- Face masks are not permitted and makeup should be simple and student must be able to put on by themselves
- Gloves should not be worn as they will interfere with hand sanitizing protocols
- Students will have to wear their chosen option for the entire day, including while on the school bus, as they won't be able to change while at school
- There cannot be parades or party/celebrations within a class as socially distancing wouldn't be possible
- Regular health and safety measures remain in place - students need to wear their regular face masks
- We also ask that no food be sent into the school from families (e.g., cupcakes for a classroom to celebrate the day)

Dressing up should be respectful of others. For example, if something is representative of a person's culture or religious beliefs, then it should not be worn as another person's costume. Further, in the spirit of Truth and Reconciliation, it is important that costumes do not trivialize and devalue the lives of Indigenous peoples in Canada.

Your continued support of student safety and well being is greatly appreciated.

## DRESSING FOR THE WEATHER

During the cold fall and winter months, it is important that students come to school dressed for the weather conditions. This includes: boots, hats, scarves, snow pants, warm coats and mittens or gloves. As we cannot accept delivery of change of clothes, due to Health and Safety Protocols, we encourage all students to pack an extra pair of socks and pants in case they get wet.

All students are expected to go out for every recess and lunch hour, weather permitting. We monitor the weather throughout the day, including temperature, wind chill, sun/cloud conditions and wind velocity. In extreme weather conditions, such as ice pellets or extremely high wind chill factors, administration may decide to shorten recess breaks or keep students indoors.



## PARENT/TEACHER INTERVIEWS

Family Virtual Conferences will be held on **November 12<sup>th</sup> (evening) and November 13<sup>th</sup> (morning)**. You will have an opportunity to meet with your child(ren)'s teacher(s) to discuss their progress. We regret that for health and safety reasons, we are unable to host an event at the school as we normally would, however we look forward to meeting with you virtually.

Families need to use Edsby to schedule a virtual meeting time with their child(ren)'s teacher(s) on the Interview Evening or Morning. You will receive an invitation to sign up for a meeting time once the schedules are available.

Families that already have an Edsby account may use their previously created account. The username is the full email address that is on file at your child(ren)'s home school and the password is the one created at activation. If you have forgotten your password, you can find [resources on the Board website](#) to help, including how to reset your password.

Families who **do not have** an Edsby account will need to create one to access the online appointment scheduler for their child's teachers for the virtual conference. **An up-to-date and valid email address must be provided to your child's home school.** For help creating an Edsby account, [instructions can be found on the Board website](#). An email from York Region District School Board with instructions on how to create an Edsby account will be sent to your email inbox. If you do not receive the email, please check your junk mail folder to ensure you do not miss this opportunity.



Webinars

November/December 2020

If you are receiving services from York Hills, please connect with your clinical worker to register for one of the workshops.



Register at [www.yorkhillscentre.ca/parenthillscourse](http://www.yorkhillscentre.ca/parenthillscourse) or scan the barcode!

**BRINGING YOUR FAMILY INTO FOCUS — PARENTING CHILDREN WITH ATTENTIONAL DIFFICULTIES**  
(Laurie Blow and Rick Rotchild - Intensive Child and Family Workers)

Tuesday  
November 10, 2020  
6:30 PM — 8:30 PM  
Zoom Webinar

The goal of this workshop is to provide information to support parents/caregivers of children and adolescents who experience challenges with focusing, attention, and managing impulsivity. The workshop will cover: What ADHD is and what it is not, how living with ADHD impacts your child and family, and will provide strategies to assist in managing and coping when your child struggles with attentional difficulties.

**UNDERSTANDING AND SUPPORTING CHILDREN WHO EXPERIENCE BEING BULLIED DISCUSSION**  
(Uma Bhatt - Community Outreach Worker)

Tuesday  
November 17, 2020  
6:30 PM — 8:30 PM  
Zoom Webinar

Is your child being bullied? Does your child bully others? Being bullied can be a very disturbing and often traumatic experience for children and their families. Come and learn what bullying behaviour is, how to recognize signs and symptoms indicating that a child may be bullied, or is engaging in bullying behaviour. Learn how to support, and empower your child.

**POSITIVE CONNECTIONS— HOW TO RESPOND TO YOUR CHILD IN POSITIVE AND EFFECTIVE WAYS**  
(Larisa Levalds - Child and Family Therapist, Cindy Inacio – 0-6 Worker, Vibhuti Bhatt—Speech and Language Pathologist)

Thursday  
November 19, 2020  
1:00 PM — 3:00 PM  
Zoom Webinar

This workshop is for parents/caregivers who are looking for new ways to connect with their child(ren) aged 0—6. Caregivers will learn how to connect with their child(ren), and will gain a solid understanding of how, why, and when connections are optimal in order to overcome behavioural challenges that child(ren) may be experiencing.

**SIBLING RIVALRY TO SIBLING RELATIONSHIP** (Uma Bhatt - Community Outreach Worker)

Tuesday  
November 24, 2020  
6:30 PM — 8:30 PM  
Zoom Webinar

Come and learn! This workshop will discuss what sibling rivalry is, what causes it, and what parents can do to build and strengthen this important relationship.

- Explore the meaning of 'fairness' from a child's perspective, and learn how to handle each child's feelings.
- Learn how to respond to challenging behaviours, and how to balance the parental role of being a 'coach and a referee'.
- Learn the value of 'cooling off time', and teach your children to use 'quiet spaces' for calming and learning to work together with a sibling to problem solve.
- Learn ways to encourage positive and respectful sibling relationships.
- Learn additional ways to cope and manage when one/both siblings have mental health challenges.





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November/December 2020

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**BeYOUTiful—SUPPORTING POSITIVE BODY IMAGE IN CHILDREN AND YOUTH**  
(Alyssa Fallon and Nathalie Gonsalves—Community Outreach)

Thursday  
November 26, 2020  
6:30 PM — 8:30 PM  
Zoom Webinar

Did you know – Over 50% of teen girls and 30% of teen boys use unhealthy weight control behaviours such as skipping meals, fasting, smoking cigarettes, vomiting, and taking laxatives?

We live in a world that has an opinion on everything we do – what hairstyle we have, how we should dress, what size we should be. The list is endless. These pressures can impact how we view ourselves and how we interact with the world. As parents and caregivers, how do we help our children navigate these pressures? This webinar provides an introduction to understanding body image. We will explore compliments and criticisms, media impact and cultural differences, as well as techniques to help build confidence and boost self-esteem in children and youth.

**UNDERSTANDING THE BRAIN AND BEHAVIOUR DEVELOPMENT IN CHILDREN WITH AUTISM SPECTRUM DISORDER** (Neil Walker - Compass Manager)

Wednesday  
December 2, 2020  
6:30 PM — 8:30 PM  
Zoom Webinar

This webinar will assist in understanding the brain development of children with Autism Spectrum Disorder, and will explain the cause of behaviours commonly experienced. Participants will learn strategies that can be used to support and manage the challenges that children with ASD often face.

**UNDERSTANDING AND MANAGING CHALLENGING BEHAVIOURS**  
(Angie Chan and Vanessa Suarez - Child and Family Therapists)

Monday  
December 7, 2020  
6:30 PM — 8:30 PM  
Zoom Webinar

Understanding challenging behaviours and where they stem from is the first step to being able to better manage them. This workshop will focus on how behaviours function in a child's brain and will explore the use of tools within the parent/child relationship to manage challenging behaviours.

Visit our [website](#) for new events, webinars and information!

FOLLOW us on Facebook, Instagram, Twitter and Eventbrite for the latest!

